

# NEWS 2016

## Mainstreaming people's SRHR

### VISION

All Nepalese people are free to make choices about their sexuality and wellbeing without any discrimination.

### MISSION

Champion a volunteer movement for increased provision of SRHR to all especially to those most at risk, marginalized and under-served.

### VALUES

- Volunteerism
- Social Inclusion
- Accountability
- Diversity
- Passion
- Social Justice

### FPAN at a glance

- Operates in **37** districts
- **1,110** Village Development Committees (VDCs)
- **300** static clinics
- **51** mobile teams
- **51** integrated HIV Voluntary Counseling and Testing (VCT) centers
- **48** safe abortion (SAS) centers
- **5** birthing centers
- **5** training centers
- **7,500+** volunteers
- **500** full-time professional staff
- **1,000** frontline community workers

Established in 1959, the Family Planning Association of Nepal (FPAN), a member association of the International Planned Parenthood Federation (IPPF), is Nepal's first national sexual and reproductive health service delivery and advocacy organization. FPAN works across 37 districts to provide critical health services to poor, marginalized, socially excluded, and underserved (PMSEU) communities, including sex workers, people living with HIV (PLHIV), LGBTI people, injecting drug users, men who have sex with men, migrant workers, and survivors of gender-based violence (GBV).

FPAN's success lies in its robust and varied network of service delivery points and its expertly trained staff and volunteers who deliver services in areas where services otherwise would not be available. FPAN offers an Integrated Package of Essential Services (IPES) that includes comprehensive counseling; family planning and sexual health

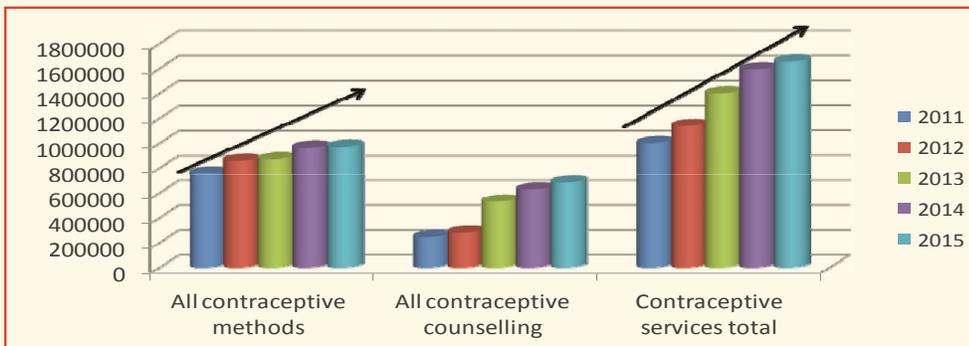
services; safe abortion services; HIV and AIDS and other sexually-transmitted infection (STI) services; gynecological, prenatal, and post-natal care; and GBV care.

FPAN is a major partner of the Government of Nepal's national family planning program, contributing larger number of all FP services in Nepal annually. As a member of the Reproductive Health Coordination Committee of the Department of Health Services, FPAN provides SRH technical leadership by promoting and advocating for the sexual and reproductive rights of all Nepalese. FPAN is also a member of the sub-committees on Adolescent Health, Safe Abortion, Safe Motherhood, and RH FP Logistics and services as the chair of the Non-governmental Organization Coordination Council (NGOCC), a group of 30+ national NGOs and international NGOs working in the area of reproductive health and family planning.



## Contraceptive services

The five years (2011-2015) graphs shows FPAN's trend in providing services is gradually increasing as total contraceptive services provide reaches from less than 10 million in 2011 to about 16 million in 2015. Likewise, the graph shows all contraceptive method services are provided from more than six million in 2011 to a range of more than around 8.5 million in 2015. While all contraceptive counseling service alone reaches from 2 million to 6 million.

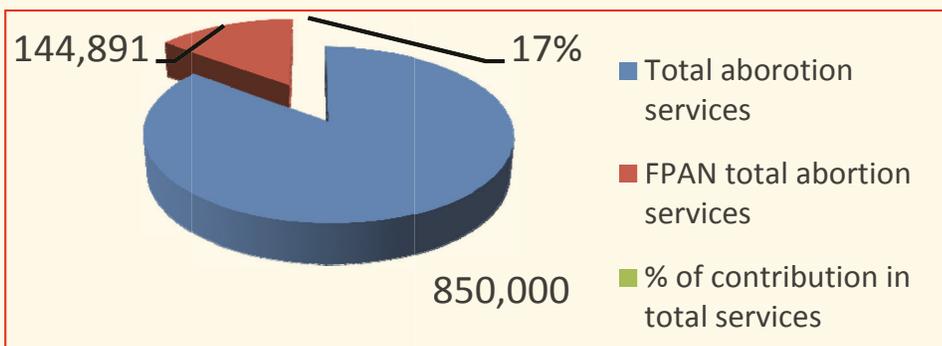


## Safe Abortion

Abortion services are provided at district hospitals, some primary health care centres, health posts and private hospitals. Nepal government has prioritized the national Safe Abortion Programme. There are currently about 1,077 registered service sites covering all 75 districts in the country including FPAN. About 2,245 health providers were trained on safe abortion services. More than 8,50,000 Nepali women received safe abortion services

FPAN started the provision of Safe Abortion Care (CAC) services in 2004 in three clinics, now has been providing CAC services from 48 safe abortion sites including 22 Family Health Clinics (FHCs -doctor based) and 26 community

clinics. More than 1,44,891 women received safe abortion services from FPAN service delivery points. FPAN contributed 17% safe abortion services as compare to national level data.



## Advocacy

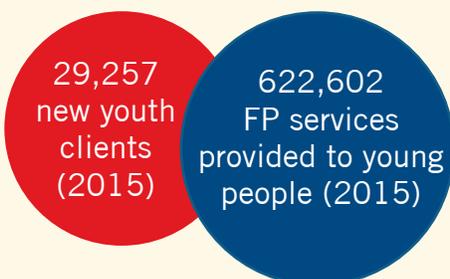
### Advocating for People, Protecting Rights, Achieving Results

FPAN is a relentless advocate for the sexual and reproductive rights of Nepalese men, women, and young people. FPAN's decades-long advocacy, sensitization, and awareness raising were instrumental in the passage of the **Pregnancy Protection Bill** (2002), the legalization of abortion in Nepal. FPAN and partners' joint advocacy efforts also led to the passage of the **Domestic Violence Control Act** (2009); inclusion of RH in Nepal's new constitution (2015); the establishment of **National Family Planning Day** (the day of FPAN's founding); and a **12% increase investment in the Government of Nepal's family planning program** (2016). FPAN continues to be at the forefront of every major sexual and reproductive health and rights issue in Nepal and will continue to provide leadership to affect change.

## FPAN's Impact: 2015



## FPAN's Innovations in Youth-Centered Services



FPAN is a pioneer in youth-centered health service provision. FPAN operates the largest adolescent SRH program in Nepal and provides SRH education, information, and counseling to adolescents and youth through its **114 Youth-Friendly Service Centers (YFSC)**, **88 Youth Information Centers (YICs)** and **53 School Information Centers (SICs)**.

FPAN is the first organization to introduce comprehensive sexuality education (CSE) in Nepal and initiated the Peer Education System (PES) in 1994, an approach still used today. From 2008 – 2010, the Danish International Development Agency (DANIDA) funded FPAN to move the sexuality agenda forward by further developing the evidence base for increasing young people's access to SRH services. DANIDA's support enabled FPAN to promote the adoption of a broad-based sexuality education curriculum through the creation of sustainable advocacy networks and a national advocacy campaign directed at high-level policy makers at the Ministry of Education, Director of the Family Health Division of the Ministry of Health, and the Chief of the National Health Education Information and Communication Centre (NHIECC). One of the key strategies of the project's advocacy campaign was to promote and elevate young people's participation in the design and implementation of youth-focused activities.

## Fpan's earthquake emergency response

A powerful 7.8 magnitude earthquake shook Nepal on 25 April 2015. 297,266 civilian homes and 1,100 health facilities were damaged in 39 districts. And 2 million women of reproductive age were affected by the devastating earthquake.



As aftershocks continued to affect emergency response efforts, FPAN mobilized and coordinated resources from IPPF's South Asia Regional Office (SARO) and Sexual and Reproductive Health Programme in Crisis and Post Crisis Situations (SPRINT) team to provide the Minimum Initial Service Package (MISP) for reproductive health to minimize negative health outcomes and ensure that the most marginalized and deprived communities are provided with basic SRH services during the emergency response.

### How FPAN Built a Sustainable Approach to Youth-Centered SRH Services

- **Trained 75 young people as master trainers**
- **Sensitization of journalists to accurately and effectively report on youth-related SRH issues**
- **Integration of CSE into school curriculums for grades 6 to 10**
- **Integration of CSE into the Teacher Professional Development (TPD) Program, including the development of a reference guide and training manual**
- **Development of a compulsory course on human sexuality at Tribhuvan University**

### Designing a Sustainable Future for Nepal

As a leader in health service delivery in some of the most remote areas of Nepal, FPAN recognizes the interconnectedness between people and their environment. FPAN has been a key partner in several population, health, and environment (PHE) projects, including its current project supported by the Ministry of Foreign Affairs of Finland (2015 – 2017). In collaboration with Vaestoliitto (the Family Federation of Finland), World Wildlife Fund (WWF) Finland, and WWF Nepal, FPAN is providing sexual and reproductive health services in eight districts of Nepal's Terai region, a region where communities have little access to SRH services and personal hygiene management and poor access to safe drinking water sources and sanitation. FPAN's targeted beneficiaries include young people between 10 – 24 years of age living in adjoining areas of biological corridors, critical bottlenecks, community forests, buffer zones, protected areas, and conservation areas, and Natural Resource Management (NRM) communities. As the threat of climate change to vulnerable communities continues to emerge, FPAN's inventive PHE approach will continue to be the model for health service delivery in communities most vulnerable to environmental change and degradation.

## Project Spotlight: Family Planning Service Strengthening Project (FPSSP)

The Family Planning Services Strengthening Program (FPSSP) is a project under USAID's cooperative agreement with the International Planned Parenthood Federation (IPPF) for implementation of the Support for International Family Planning Organizations (SIFPO-2): Sustainable Networks project. The overall objective of FPSSP is to strengthen the family planning service delivery system of the Family Health Division (FHD)/ Department of Health Services (DoHS)/ Ministry of Health (MoH). It aims to increase voluntary use of family planning services in 11 districts by increasing the accessibility and availability of quality comprehensive family planning services for hard-to-reach, disadvantaged, migrant, and adolescent populations.



### FPSSP's Year 1 Successes (Oct. 2015 – Sept. 2016)

136  
CoFP mobile  
outreach camps

82  
LARC satellite  
clinics

27,125  
FP methods  
distributed via  
7 community  
clinics

467,673  
FP methods  
distributed via  
RFHVs



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