



नेपाल परिवार नियोजन संघ

(सबैको सुस्वास्थ्य र सेवामा समर्पित)



- years of establishment

- years of commitment

Champion of Family Planning and SRHR with 65 Years of Journey

Family Planning Association of Nepal (FPAN), established in 1959, is the first and foremost NGO to work for advocacy of, increasing awareness on and increasing access to family planning (FP) and sexual and reproductive health (SRH) in Nepal. It has started FP and SRH programs even before the Nepal government launched its own Family Planning and Maternal and Child Health Project in 1969. FPAN has been a member association of the International Planned Parenthood Federation (IPPF), since 1969. This has made FPAN a locally owned, globally connected civil society, enabling it to advocate for, to increase awareness on, and to provide a wide range of SRH service and rights (SRHR) to everyone without any discrimination by gender, age and socioeconomic status. As a member association of IPPF, we share a common vision that all people are free to make choices about their sexuality and wellbeing, in a world without any discrimination.

Journey of FPAN

- Birth of FPAN, 1959
- First FP clinic, 1960
- First FP radio program, 1968
- MA of IPPF- 1969
- Expansion of FP and sterilization, 1970-85
- Informed choices of FP, 1994
- Advocacy for SRHR, 1995-2004
- Integration of HIV in RH service, 1995-2004
- SRH for Adolescents & Youth, 2000
- Safe abortion services, 2004
- Comprehensive Sexuality Education (CSE), 2011
- Cervical cancer screening, 2013
- Humanitarian services with MISP package, 2015
- Implemented DHIS, 2017
- SRH for people with disabilities, 2019
- Sub-fertility care (IVF) at the center clinic, 2022
- Rainbow clinic for LGBTIQ, 2022
- Pre-Exposure Prophylaxis for HIV, 2024



Strength of FPAN

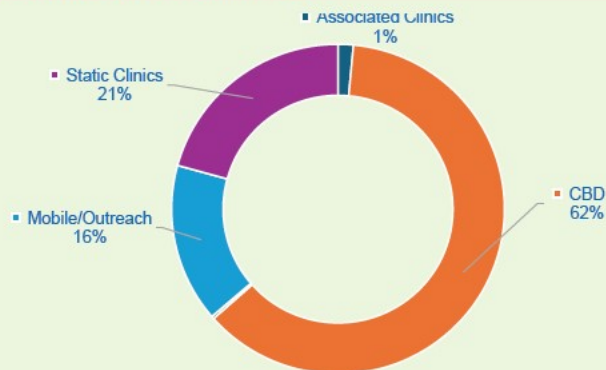
Strong Volunteer Base: FPAN is a volunteer-based organisation. It has a large pool of 10,737 professional volunteers who play proactive and meaningful roles for the promotion of SRHR, community mobilization, advocacy for favourable policies, and resource mobilization at local level and province level. It has branch committee and branch office in 28 of 77 districts, and a central executive committee at central level. Half of the board members in all branch committees and central committee are female and 20% are youth.

Professional Staff: Currently, FPAN has 161 full time employees. More than half of them are trained FP and SRH service providers. 56% females and 44% males.

Pioneer in FP/SRH Service Delivery: FPAN closely works in coordination and collaboration with governments, private sector partners, local organizations, and communities to provide a wide range of FP and SRH services adopting rights-based approach by respecting rights of everyone to receive informed choice of quality FP and SRH service without any discrimination, prioritizing to people in the most marginalized or vulnerable situations who face the biggest barriers to accessing SRH services and realizing their SRHR. In order to increase the accessibility of FP and SRH services, FPAN has been implementing different channels of service delivery i.e. static clinics, mobile outreach, mobile FP/SRH camps, community-based distribution (CBD), and teleconsultation through helpline.

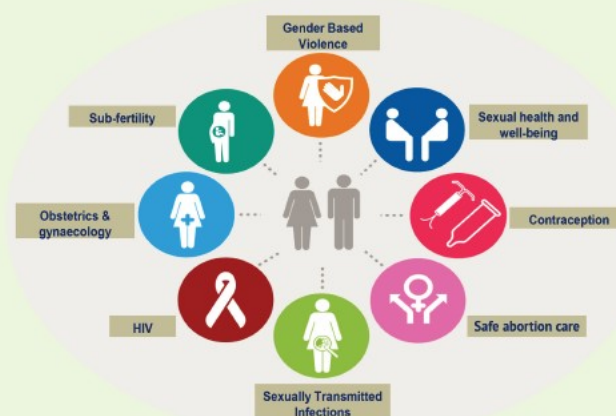
Currently, FPAN has 28 Branch offices, and 61 static centres spread in 31 districts, covering all seven provinces: 18 doctor-based Family Health Clinics- including 8 FP/SRH training centres, 3 birthing centres, 14 midlevel service provider-based Branch Community Clinics, and 29 paramedics-based Community Clinics. FPAN mobilizes its mobile teams to conduct outreach at community level; and mobilizes its frontline health workers and Reproductive Health Female Volunteers (RHFVs) to provide counselling at doorsteps and community-based distribution of short acting contraceptives. FPAN also mobilizes peer educators from key affected populations and other vulnerable groups. It runs a helpline telephone service to provide quality information, counselling and referral services on FP/SRH, by trained counsellors. FPAN offers an integrated package of essential services (IPES) through its family health clinics, including contraceptives, safe abortion care, HIV & AIDS, STIs/RTIs, gynecology, obstetrics, sexual and gender-based violence services, and sexuality counselling. On average, FPAN provides nearly 3.6 million services per year.

SRH Service Delivered by Channels, 2023



65 Years of Journey on SRHR

Integrated Package of Essential Services



Pioneer in FP/SRH Training: FPAN runs eight government-accredited FP/SRH training centers, which are aligned with its Family Health Clinics in different provinces. These training centers help to fulfill the training needs of the government, non-governmental organizations (NGOs), and FPAN itself.

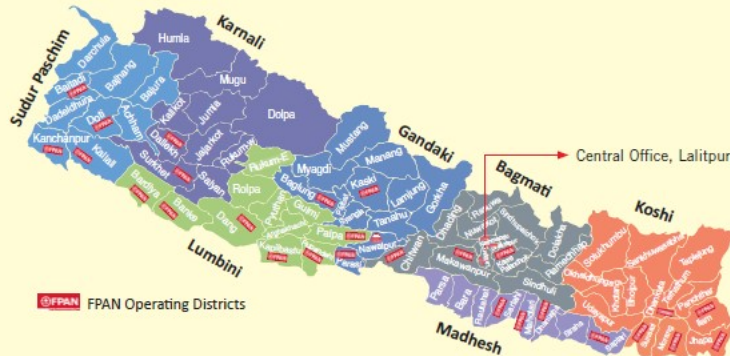
Pioneer in Advocacy for SRHR: FPAN has played an important role in advocating for SRHR of all, working together with the Government and other stakeholders. Specifically, it has played a significant role in advocacy for legalisation of safe abortion- registering the Pregnancy Protection Bill in the parliament in 1996, declaration of 18th September as “National Family Planning Day” since, 2014 and inclusion of CSE in school curriculum 2011 & in School Education Sector Plan-2022/23.



Investment with FPAN is Sustainable Development

Family Planning in Nepal means FPAN

FPAN Operating Districts



FPAN Operating Districts

Partnership and Collaboration

FPAN has established strong connection with government agencies at all three tiers, especially the Ministry of Health and Population and Ministry of Social Development and their wings. It has been actively involving in developing national FP/SRH policies, strategies, program and service guideline, and is an active member of in various committees set up by the Department of Health Services e.g. Family Planning Subcommittee, Adolescent SRH Sub-committee, Safe Motherhood Committee, Technical Committee for Implementation of Comprehensive Abortion Care (TCIC), and Logistics and Services subcommittees. FPAN plays an active role in the Reproductive Health Coordination Committees (RHCC) at the provincial and district levels, where it has its branch offices. Apart from this, FPAN also participates as a member of the Comprehensive Sexuality Education Working Group, under the Ministry of Education, Science, and Technology; the Health Emergency Operation Center (HEOC) at the Ministry for Health and Population (MoHP); and the District Disaster Management Committees (DDMC). FPAN also leads the NGO Coordination Council (NGOCC), which consists of 30 NGO members dedicated to working in the field of family planning and reproductive health in Nepal.

Humanitarian Works

Earthquake - 2015	Floods - 2017	Floods - 2019
District covered - 8 177 RH camps organized 36,784 affected people served 31,500 RH services delivered 2,359 dignity kits distributed	District covered - 7 50 RH camps organized 400 dignity kits distributed 6,000 women benefitted by RH services	District Covered - 2 8 RH camps organized Prepositioned RH kits at Army Hub Hospitals 1,967 women benefitted by RH services
COVID -19 Response (SRH services provided)		Earthquake 2023
In 2020 3,255,224 services	In 2021 3,593,234 services	(Jajarkot & West-Rukum) 2300- Affected people served 18820-RH services delivered 46-RH Camps organized 100-Dignity kits distributed

FPAN FP/SRH Program Impact, 2023

Health impact	Half million people received SRH services 139 Youth received SRH services 107 People with disabilities received SRH services 98,800 Unintended pregnancies averted 43 Maternal deaths averted 40,745 Unsafe abortions averted 269 Child deaths averted
FP impact	210 thousand women received contraception 169 thousand CYP generated
FP/SRH market share	7% in Modern FP 8% in LAPM 10% in CYP 10% in Safe abortion
Economic impact	Direct healthcare costs saved £3.3 Million

65 Years of Donors and Partnership

- Government of Nepal
- IPPF
- USAID
- The Global Fund
- UNFPA
- DFAT, Australia
- AusAID
- DFID
- EU
- KfW
- Government of Finland
- Vaestoliitto; FFF
- World Neighbors
- Pathfinder
- SDC
- DISVI/Italy
- Population Concerns
- MSH
- WHO
- GGP- Japan
- Danish FPA
- The Asia Foundation
- Heidelberg University
- JHU
- FHI360
- Government of Japan
- Government of Netherlands
- PPFAI
- WVI
- Bill & Melinda Gates Foundation
- Louis & Harold Price Foundation
- Ford Foundation
- UNICEF
- UNESCO
- JOICFP
- KOICA
- JICA
- DANIDA
- World Bank
- Action Aid
- Engender health
- Japan Platform
- PACT
- Jhpiego
- Food for Hunger
- Packard Foundation
- Japan Trust Fund
- Government of Germany
- LAD
- Banks & other corporate sectors
- Global Affairs Canada (GAC)
- FPAI

Family Planning Association of Nepal

Pulchowk, Lalitpur, P.O.Box 486, Kathmandu, Nepal

Phone: 977-1-5010240/5010270/5010275, Fax 977-1-524211, Helpline: 16600145000

e-mail: fpan.ed@fpan.org.np, fpan@fpan.org.np, Website: www.fpan.org